

RAMADAN PRINTABLE

Ramadan Good Deeds Calendar

Thirty small actions for kids and families. This is encouragement, not pressure: children learn gradually with love, mercy, and parent guidance.

30-day good deeds board

Day 1

Say Alhamdulillah for 3 blessings

Done? Reflection: _____

Day 2

Help set or clean the table

Done? Reflection: _____

Day 3

Read or listen to a short Quran passage

Done? Reflection: _____

Day 4

Make dua for parents

Done? Reflection: _____

Day 5

Give sadaqah, even a small amount

Done? Reflection: _____

Day 6

Smile and use kind words

Done? Reflection: _____

Day 7

Share with a sibling or friend

Done? Reflection: _____

Day 8

Learn one Name of Allah

Done? Reflection: _____

Day 9

Pray for people who are struggling

Done? Reflection: _____

Day 10

Avoid one bad habit today

Done? Reflection: _____

Day 11

Help without being asked

Done? Reflection: _____

Day 12

Call or message a relative

Done? Reflection: _____

Day 13

Make istifar together

Done? Reflection: _____

Day 14

Prepare a simple iftar card

Done? Reflection: _____

Day 15

Review one short surah

Done? Reflection: _____

Day 16

Practice patience while waiting

Done? Reflection: _____

Day 17

Thank someone sincerely

Done? Reflection: _____

Day 18

Make dua before breaking fast

Done? Reflection: _____

Day 19

Learn about Laylatul Qadr

Done? Reflection: _____

Day 20

Donate a toy/book or tidy your room

Done? Reflection: _____

Day 21

Say something kind about someone

Done? Reflection: _____

Day 22

Listen to a prophet story

Done? Reflection: _____

Day 23

Learn one Ramadan word

Done? Reflection: _____

Day 24

Make a family gratitude jar note

Done? Reflection: _____

Day 25

Help a younger child

Done? Reflection: _____

Day 26

Review one dua

Done? Reflection: _____

Day 27

Forgive someone

Done? Reflection: _____

Day 28

Make a masjid manners plan

Done? Reflection: _____

Day 29

Choose an Eid kindness idea

Done? Reflection: _____

Day 30

Thank Allah for Ramadan

Done? Reflection: _____

Source note: Fasting in Ramadan is established in Quran 2:183. Children are taught gently before accountability.