

PRAYER HABIT PRINTABLE

Salah Tracker + Prayer Chart

Help children learn the names of the five daily prayers and build a gentle, positive prayer routine with parents or teachers.

Weekly tracker

Prayer	Meaning	When	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Fajr	Dawn prayer	Before sunrise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dhuhr	Midday prayer	After the sun passes highest point	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Asr	Afternoon prayer	Late afternoon	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Maghrib	Sunset prayer	Just after sunset	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Isha	Night prayer	Nighttime	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Teacher note: Exact prayer times change by date and location. Use your local masjid timetable or a trusted prayer-time source.